



**i talk**  
they hear you<sup>®</sup>

# HELP KEEP THEM ON A POSITIVE PATH.

**Make sure they know you're there for them.**

The adults in kids' lives can significantly affect their decisions about alcohol and other drug use. Talk with youth in your community. Show them you'll always be by their side. For tips on how—and when—to begin the conversation, visit [talktheyhearyou.samhsa.gov](https://talktheyhearyou.samhsa.gov)



**#TalkTheyHearYou**

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Substance Abuse and Mental Health  
Services Administration