



**i**talk  
they hear you®

## CHOOSE INFORMAL TIMES TO TALK AS SHE GETS OLDER.

Look for new opportunities to start a conversation about alcohol.

Having frequent talks with your child in a safe environment will show that you care and foster a more open and honest dialogue about the risks of underage drinking. For tips on how—and when—to begin the conversation, visit

[www.underagedrinking.samhsa.gov](http://www.underagedrinking.samhsa.gov)

#TalkTheyHearYou

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Substance Abuse and Mental Health  
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